

# BRIDGEWATER TOWNSHIP RECREATION

## ★ SPECIAL EVENTS!

### Halloween Haunted Trail and Festivities



Who hosts the most outrageous cast of ghoulish characters for Halloween? Bridgewater Recreation Department's Haunted Trail. This popular event will be Saturday, October 30, 2004 (rain date Sunday, October 31, 2004). Look for detailed flyers to be available at the Recreation Office and around Town at the beginning of October.

### Hoop Shoot Contest



Somerville Elks Lodge #1068 along with Bridgewater Recreation will be sponsoring its annual Hoop Shoot Contest to be held on Saturday, December 4, 2004. Flyers will be available at the Recreation Office around the beginning of November. More information forthcoming.

## Urgent - Dated Material

Patricia Flannery ~ Mayor ~

Bridgewater Township Council  
Patrick J. Scaglione ~ *Council President*  
Robert E. Albano, Michael Hsing, Allen Kurdyla

## Division of Recreation

Christine Schneider  
Diane Puppo  
Krista Gaffney  
Rachel Vaughn

*Superintendent of Recreation*  
*Secretary to Superintendent*  
*Assistant Superintendent*  
*Recreation Specialist*

## Recreation Board

Theresa DeMuro, Thomas Gallo  
Jim Eckert, Walter Fitzsimmons,  
Norman Lawn and Paul Riga

## Division of Parks

Pierce Frauenheim *Superintendent of Parks*  
Robert Kwiatek *General Foreman*  
Dave Sowden *Foreman*

## Park Board

Walter Rusak, Carol Sedlazeck,  
Jim Piersanti, Reverend Joseph Lugo,  
Maniu Saxena and Arun Goyal

## Independent Groups & Clubs in Bridgewater

### Bridgewater Baseball

*Township's baseball program officially sanctioned by Little League Baseball & Babe Ruth national organizations.*  
(908) 685-2662  
[www.bridgewaterbaseball.com](http://www.bridgewaterbaseball.com)

### Bridgewater Blue Diamonds Softball Club

*Competitive fast pitch summer league & tournament play for girls 16 years of age and under. Always looking for players and parent coaches.*  
[www.bbdsoftball.com](http://www.bbdsoftball.com)  
[bridgewaterbd@yahoo.com](mailto:bridgewaterbd@yahoo.com)

### Bradley Gardens Little Loop

(908) 725-9258 (Mark O'Dell)  
[www.leaguelineup.com](http://www.leaguelineup.com)

### Bridgewater Board of Education

(908) 685-2777  
[www.BRRSD.K12.nj.us](http://www.BRRSD.K12.nj.us)

### Bridgewater Soccer Association

*Travel soccer league with the opportunity to play at a more competitive level.*  
(908) 658-9559 (Tim Kassel)  
[www.bridgewatersoccer.com](http://www.bridgewatersoccer.com)

### Pop Warner

*Bridgewater-Raritan Pop Warner Panthers are sponsored by the Bridgewater-Raritan Athletic Club Inc.*  
Football (908) 725-8615 (Ken DiGraziano)  
Cheerleading (908) 218-1765 (Pam Biondo)

### Somerset County Library

(908) 526-4016  
[www.Somerset.lib.nj.us](http://www.Somerset.lib.nj.us)

### Somerset County Parks Systems

(908) 722-1200  
Green Knoll Golf Course (908) 722-1300  
Green Knoll Tennis Courts (908) 722-1303  
[www.Park.Co.Somerset.nj.us](http://www.Park.Co.Somerset.nj.us)



# Special Services

## General Information & Policies

### Senior Citizen Center

The Senior Citizen Center is located on 455 Somerville Road in Bridgewater. This multi-purpose facility includes a large meeting room, workshop, arts and crafts room, TV lounge and game facilities. The Bridgewater Senior Citizen members are an organized group that meets every Tuesday of each month. Regular programs include Bridge, Bingo, Billiards, Shuffleboard, Guest Speakers, and a monthly luncheon. Other programs on various days and times during the week are Strength Training, Tai Chi, Aerobics, Ball Class, Country Western, Tap, Line and Ballroom dancing. Computer training from introductory through advanced skills are also taught at the center. Knitting and crocheting group teaches beginning through advanced skills. Numerous bus trips are planned (day and over night) with monthly Atlantic City Trips. For further information contact the Senior Citizen Coordinator Donna Langel at (908) 575-8021 or (908) 725-8020.

### Recreation Programs for People with Disabilities

The Division of Recreation is currently a participating municipality with the Somerset County Park Commission Therapeutic Recreation (TR) Department, allowing for regionalized recreation programs for children and adults with developmental disabilities. For further information, please call the Somerset County Park Commission TR Department at (908) 526-5650, Monday to Friday, 8:00am – 4:30pm.

### General Information and Policies

The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any of the dates, times, locations, ages, fees or other information listed in this brochure. There will be **No Refunds** of registration fees after the first class unless the program is canceled by the Recreation Department.

There will be no refunds if a program does not run its full course of dates due to inclement weather, gym cancellation or circumstances beyond the Bridgewater Recreation Departments control. If checks are made payable to an outside organization, refunds will be handled through the outside organization.

Bridgewater Recreation and the Board of Education reserve the right to cancel or change sites, dates, and times pending registrations and school priorities. Programs will not meet when the public schools are closed due to inclement weather, holidays or other emergencies.

For **inclement weather** call the Code-A-Phone at (908) 526-7107 or visit [www.bridgewaternj.gov](http://www.bridgewaternj.gov). If a decision has not been made by 3:30pm, coaches and umpires will make a decision at the field. Please keep in mind, if there is no update on the code-a-phone or the

website, this means nothing has been canceled. These sites are only updated after a cancellation.

Participants of Bridgewater Township Department of Recreation activities are prohibited from wearing jewelry (including earrings, which cannot be taped) while taking part in any recreational program. Anyone who is required to wear a cast of any sort for medical purposes is prohibited from engaging in recreational programs.

Please note that the Bridgewater Recreation Department does not provide individual medical insurance coverage for its participants. Each participant will be covered under his/her family's medical policy. It is recommended that families have insurance before the child participates in a youth sports program.

**Supervision:** Parents/Guardians of minors are responsible for dropping off and picking up children promptly. Parents or guardians are to be waiting for their children at the conclusion of the program.

Mandatory background checks for all current and potential volunteer coaches will go into effect for the upcoming fall season for all Bridgewater Recreation programs. All potential Fall/Winter coaches will be notified by letter with details shortly.

# Registration Information



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## Registration Information

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**Registration is currently going on for the following programs:** *Pee-Wee Outdoor Lacrosse Clinic & Boy's Fall Lacrosse (Indoor & Outdoor), Roller Hockey, Pre-Season Soccer Day, In-Town Soccer, Fall Off-Season Wrestling Club, Recreation Wrestling Program and Men's Over 30 Basketball League...* contact Bridgewater Recreation for a registration form or download forms online to be posted at [www.bridgewaternj.gov](http://www.bridgewaternj.gov) in the near future.

**Registration for the following programs will start on Thursday, July 29, 2004:** *Offensive Improvement Basketball Clinic, Girl's Basketball Clinic (grades 1 & 2), 3rd & 4th grade basketball programs, Youth Basketball, Biddy Sports, Introduction to Cheer and Dance, Girl's Field Hockey Program, Instructional Field Hockey Program, Winter Indoor Field Hockey Leagues, Gym Time, Children's Karate, Teen Karate, Boy's Spring Lacrosse Program, Manners Matter, Music Preludes, Ski, SmartSitter, Someone Special & Me, Soccer Kids, Holiday Soccer Camps, Little Kickers, Indoor Winter Recreation Soccer League, Girl's Softball Clinics, Speed & Agility, Youth Swim, Chess Club & Family Swim, Mom & Baby Yoga, Boy's High School Basketball League, High School Open Gym Basketball, CPR & First Aid, Golf Lessons, Adult Karate, Kombat Martial Arts, Cardio Kickboxing, Indoor Soccer, Rutgers SAFETY Clinic, High School Open Gym Volleyball and Bujinkan Bud Taijutsu – Samurai and Ninja Marital Arts.*

Starting **Thursday, July 29, 2004** flyers will be available at the Recreation Department and online at [www.bridgewaternj.gov](http://www.bridgewaternj.gov) and registration will be accepted. Registrations can be mailed to Bridgewater Recreation Department P.O. Box 6300/700 Garretson Road – Bridgewater, NJ 08807. To receive registration forms on line, scroll down to Department of Recreation and click on Registration Forms. Scroll down to desired program flyer and click on it to download. All checks are made payable to "Bridgewater Township" unless otherwise noted. If signing up more than one child or session, separate checks and forms are required.

All registrations can also be dropped off in the **"REC" mailbox** located outside around back of the Township Municipal Building, it is black and marked "REC". You can drop off all registrations in this mailbox before or after regular office hours of 9:00am to 5:00pm Monday to Friday. **Any program with a registration deadline** must have a registration form received by the Recreation Department by 5:00pm on the deadline date. If it is received by the Recreation Department after the deadline date it will result in a late fee and child being placed on a waiting list with no guarantees of being placed in a program or on a team. If we can not accommodate late registration(s), fee will be returned.

**Registration for Pre-School Swim will start on Thursday, August 12, 2004 at 7:00pm at the Bridgewater Municipal Building (700 Garretson Road).** Flyers will be available on Thursday, July 29, 2004 at the Bridgewater Recreation Department and online at [www.bridgewaternj.gov](http://www.bridgewaternj.gov), but registration **will not begin until** Thursday, August 12, 2004 from 7:00pm to 10:00pm at the Municipal Building. Parking will only be available after 5:30pm. In-Person registration policy for Thursday, August 12, 2004: One parent/guardian per child per program (parents may register for more than one sibling). This means that you may only stand in line to register your child for limited in-person programs. If you are unable to attend registration, you may get someone to register your child/children but they cannot be registering their own children for the same program or come to the Recreation Department during office hours after Thursday, August 12, 2004 and see if there are still openings. Also, proof of residence will be required (i.e. drivers license) for all in-person registrations. Registration size is limited. If signing up more than one child, separate checks and forms are required.





## Pre-School & Youth Programs

### **Offensive Improvement Basketball Clinic (Boys in grades 1 & 2 – Boys and Girls in grades 3 through 8)**

Bridgewater-Raritan High School Boys Basketball Coach Tim Ortelli, in cooperation with Bridgewater Recreation, will provide a music-enhanced offensive improvement skills camp. Each session will include instruction in shooting, passing, catching, dribbling, and ball handling. Scrimmage game time will also be available. Don't miss this opportunity to the learn the game The Ortelli way... Dates and Times are as follows: **boys** in grade 1 and 2 will be taught by Tom Lembrich – Tuesdays and Thursdays starting November 9, 11, 16, 18 and 23 (make up date scheduled for November 30); 1st graders will attend from 5:45pm to 6:45pm, 2nd graders from 7:00pm to 8:00pm; **Boys and Girls** grades 3 through 8 – Mondays and Wednesdays starting November 8, 10, 15 and 17 (make up date scheduled for November 22). Times are as follows; grades 3 through 5 – 5:15pm to 6:45pm, grades 6 through 8 – 7:00pm to 8:30pm. (Times and dates subject to change due to high school state tournaments) Location is Bridgewater-Raritan High School. Cost Bridgewater residents \$50.00, Raritan residents \$55.00, checks made payable to "Tim Ortelli". Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

### **Girl's Basketball Clinic (grades 1 & 2)**

This program will teach the basics of basketball in a fun and non-competitive environment. Dribbling, passing and shooting at eight foot baskets will be taught by trained instructors, Sandy Baranowski and Kelly Schwertfeger, in this age group. This program will have team selection stressing individual and group instruction. Some four on four games will occur at the end of this program. For girls in grades 1 and 2. Girls will play on Tuesdays, November 9, 16, 23, 30, December 7, 2004 at Adamsville School (make-up date is December 14, 2004). Times are as follows: 1st grade girls – 5:45pm-6:45pm; 2nd grade girls – 7:00pm-8:00pm. Site subject to change. More information forthcoming. Cost \$50.00 Bridgewater residents and \$55.00 Raritan residents. Checks made payable to Sandy Baranowski: **Registration Deadline: Friday, October 15, 2004.** Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

### **3rd grade Basketball for Girls and Boys**

A youth basketball program that concentrates on clinic instruction and In-Town league play. For boys and girls in grades 3 (boys and girls play separately). Two mandatory clinics will be held on Saturday, December 4 and 11, 2004 at Hillside School. See registration form for times. Games will be played at Adamsville and will begin on Saturday, January 8, 2005 and run until March 19, 2005. There will be no practices during the week. Practice will be held 20 to 30 minutes before each game. Most games will played on half court, some full court. Cost \$40.00 Bridgewater residents and \$45.00 Raritan residents. Registration after deadline will result in a \$5.00 late fee with no guarantees of being placed, if not accommodated, registration fee will be returned. More information will be mailed prior to the December 4 and 11 clinic dates. **Registration Deadline: Friday, October 15, 2004.**

### **4th Grade Basketball for Girls and Boys**

A youth basketball program that concentrates on clinic instruction and In-Town league play. For boys and girls in grades 4 (boys and girls play separately). Two mandatory clinics will be held on Saturday, December 4 and 11, 2004 at Bridgewater Raritan Middle School. See registration form for times. Games will be played at Hillside and will begin on Saturday, January 8, 2005 and run until March 19, 2005. There will be no practices during the week. Practice will be held 20 to 30 minutes before each game. Games will played full court. Cost \$50.00 Bridgewater residents and \$55.00 Raritan residents. Registration after deadline will result in a \$5.00 late fee with no guarantees of being placed, if not accommodated, registration fee will be returned. More information will be mailed prior to the December 6 and 13 clinic dates. **Registration Deadline: Friday, October 15, 2004.**

### **Youth Basketball (grades 5, 6, 7 & 8)**

A youth basketball program emphasizing fundamentals and sportsmanship. Participants increase their skills through weekly competition. For boys and girls in grades 5, 6, 7 & 8 (boys and girls play separately). All boys will have mandatory evaluations on December 4 and 11, 2004 at the Bridgewater Raritan Middle School and all girls on December 3 and 4, 2004 at Eisenhower. See registration form for times. Games will begin Saturday, January 8, 2005 and run to March 19, 2005. Boys will play games at the Bridgewater Raritan Middle School, High School and Hillside. Girls will play games at Eisenhower. Practices will be held one night a week and games will be held on Fridays, Saturdays or Sunday pending registration. Cost: \$60.00 Bridgewater residents and \$65.00 Raritan residents. Registration after deadline will result in a \$5.00 late fee with no guarantees of being placed, if not accommodated, registration fee will be returned. Boys and girls draft may differ according to the number of registrations. **Registration Deadline: Friday, October 15, 2004.**

# Pre-School & Youth Programs



## Biddy Sports

For toddler boys and girls between the ages of 2 and 5. The emphasis in this unique sports program is on fun, agility, skill development, sportsmanship and group interaction. In this class, children learn the fundamental skills involved in popular outdoor and indoor sports. Various games, activities and obstacle courses are set-up to help develop motor skills while improving the confidence of each participant. **Session #1:** Tuesdays, 1:00-2:00pm – September 14, 21, 28, October 5, 12, 19, 26 & November 2, 2004. Fridays, 10:00-11:00am -September 10, 17, 24, October 1, 8, 15, 22 & 29, 2004. Saturdays, 8:00-9:00am – September 11, 18, 25, October 2, 9, 16, 23 & 30, 2004. **Session #2:** Tuesdays, 1:00-2:00pm – November 9, 16, 23, 30, December 7, 14, 21, 2004 & January 4, 2005 (make up January 11). Fridays, 10:00-11:00am – November 12, 19, December 3, 10, 17, 2004, January 7, 14 & 21, 2005 (make up January 28). Saturdays, 8:00-9:00am – November 6, 13, 20, December 4, 11, 18, 2004, January 8 & 15, 2005 (make up January 22). **Session #3:** Tuesdays, 1:00-2:00pm – January 18, 25, February 1, 8, 15, 22, March 1 & 8, 2005 (make up March 15). Fridays, 10:00-11:00am – February 4, 11, 25, March 4, 11, 18, April 8 & 15, 2005 (make up April 22). Saturdays, 8:00-9:00am – January 29, February 5, 12, 19, 26, March 5, 12 & 19, 2005 (make up April 2). **Session #4:** Tuesdays, 1:00-2:00pm – March 22, April 5, 12, 19, 26, May 3, 10, 17, 2005 (make up May 24). Fridays, 10:00-11:00am – April 29, May 6, 13, 20, 27, June 3, 10 & 17, 2005 (make up June 24). Saturdays, 8:00-9:00am – April 9, 16, 23, 30, May 7, 14, 21 & June 4, 2005 (make up June 11). All classes are held at Soccer Centers (300 Memorial Drive) in Somerset, NJ just a half mile off exit 12 of Route 287. Cost \$90.00 checks made payable to “Soccer Centers”. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. Out of town residents are welcome to register for this program but will only be accepted into the program after all Bridgewater residents have been accommodated; if non-residents are not taken, checks will be returned.

## Introduction to Cheer and Dance

Interested in learning cheerleading and dance skills? Instructor Lyndsey Merten and her staff will offer girls the opportunity to learn the basic techniques: voice, dance, jumps, cheers and motion. For girls age 5 to 8 years old (must turn 5 no later than January 8, 2005). Program runs Saturdays, January 8, 15, 22, 29, February 5, 12, 19, 26, 2005. In case of inclement weather, the make up dates will be March 5 and March 12, 2005. Times are as follows: 5 and 6 year olds – 9:00-10:00am or 10:15-11:15am; 7 and 8 year olds – 11:30am-12:30pm. Location is at Hillside school. Recital information will be forthcoming. Cost \$50.00 Bridgewater residents only. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## Girl's Field Hockey Program

Here comes a fantastic field hockey program with Bridgewater-Raritan High School Varsity Coach Kathie DeBonis. For girls in grades 5th to 8th (2004/2005 school year). The program will begin on Monday, November 1, 2004 with a mandatory evaluation/clinic for all participants from 6:00pm to 7:00pm at Adamsville School. The program will continue at Adamsville on the following Mondays: November 8, 15, 22, 29, 2004 with a make up on December 6, 2005. Time will be 6:00pm to 7:00pm or 7:00pm to 8:00pm pending evaluations. Cost \$50.00 Bridgewater-Raritan residents checks made payable to “Kathie DeBonis”. **Registration Deadline: Friday, October 15, 2004.**

## Instructional Field Hockey Program

The Bridgewater Recreation Department along with Soccer Centers and Bridgewater-Raritan High School Assistant Varsity Field Hockey Coach Donna Russo will be hosting a girl's field hockey program for girls in grades 5th to 8th (2004-2005 school year). The 5th and 6th Grade Program offers a grass roots skill instruction program designed to enable the young field hockey player to be exposed to learning the basic fundamentals and then building upon them. The players will participate in both small and large skill groups learning situations and drill reinforcement. Positive skill competitions will enhance players' team spirit, self-motivation, and sense of accomplishment. The program will lead up to playing modified “beginner” versions of the actual game. The 7th and 8th Grade Program provides fundamental skill training with more advanced versions for the intermediate school field hockey player to build upon. The program will also include skill level assessment, enabling the players to improve and learn at their own speed. A 5v5 team round robin competition will culminate the program. **Session #1** – Tuesdays, November 2, 9, 16, 23, 30, December 7, 14 and 21, 2004. **Session #2** – Tuesdays, January 4, 11, 18, 25, February 1, 8, 15 and 22, 2005. **Session #3** – Tuesdays, March 1, 8, 15, 22, April 5, 12, 19, 26, 2005. **Session #4** – Tuesdays, May 2, 10, 17, 24, 31, June 7, 14, 21, 2005. All session times are 5:00pm to 6:00pm. Participants are required to bring their own field hockey stick, mouth guard and shin guards. Cost \$110.00 for Bridgewater Residents and \$130.00 for out of town residents, payable to “Soccer Centers”. Registration is held at the Bridgewater Recreation Department. Space is limited; registration is based on first come first serve.



## Pre-School & Youth Programs

### Winter Indoor Field Hockey Leagues (grades 7th to 12th)

This 7th and 8th grade and high school Field Hockey League is held each Sunday at Soccer Centers in Somerset. Registration can be made as a team or as an individual. Game times are as follows, for 7th and 8th grade - 12:00pm to 5:00pm each week. For high school - 12:00pm to 2:00pm. Players should bring a stick, shinguards and mouthpiece.

**Session 1:** November 21, 2004 and lasts 8 weeks ending January 9, 2005. **Session 2:** January 16 and ends March 6, 2005. This league does sell out and registrations are on a first come, first serve basis. Registration for the high school program is limited to high school aged players only. \$135.00 per player or \$1300.00 per team; Fees include all ref costs. League coordinator Donna Russo, Asst. Varsity Coach Bridgewater High School

### Gym Time

For Bridgewater resident boys and girls in the 1st and 2nd grades (2004/05 school year). Come on out and have a blast with Tom Lembrich, one of Bridgewater's physical education teachers for over thirty-six years! This program is designed for children to develop team work and experience cooperation in a fun environment. Some popular activities will include but not limited to, parachute games, crab soccer, tag... just to name a few. Please note that there are only twenty spaces available per session/age grouping. Due to limited space, registration is limited to one day and session per participant. Times are as follows; 1st graders 6:00-7:00pm and 2nd graders 7:00-8:00pm to be held at Bradley Gardens School. Cost \$40.00. **Session #1** Mondays, December 6, 13, 20, 2004, January 3 & 10, 2005 or Wednesdays, December 8, 15, 22, 2004, January 5 & 12, 2005. **Session #2** Mondays, January 24, 31, February 7, 14 & 28, 2005 or Wednesday, January 26, February 2, 9, 16 & 23, 2005. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

### Children's Karate

Bridgewater Recreation is excited to be working with the RKA Family Karate to offer martial arts programs for children ages 4 through 12. Classes are broken down by age and skill level. Our program of martial arts differs from most in that it was developed by both a martial artist and a child psychologist. At RKA Family Karate, we use the Black Belt International Program, and truly put the mental benefits of: Focus, Concentration, Integrity, Determination, etc. back into the martial arts. Our program has been tested and is still being tested every day by the hundreds of schools using the Black Belt International Program around the world. Little Dragons (for ages 4 through 6) is held on Mondays & Wednesdays from 4:00-4:30pm, Tuesdays and Thursdays from 5:20-5:50pm, Fridays from 3:30-4:00pm, and Saturdays from 9:30-10:00am. Kickin' Kids (for ages 7 through 11) is held Mondays & Wednesdays from 4:30-5:00pm, Tuesdays and Thursdays from 5:50-6:20pm, Fridays from 4:00-4:30pm, and Saturdays from 10:00-10:30am. All classes are 8 weeks long and will be held at RKA Family Karate located at 8 Roosevelt Ave in Somerville. Cost: \$70.00 for one class a week or \$125.00 for two classes a week. Participants are required to purchase a uniform for \$30.00 (this is a discounted price for our Bridgewater-Raritan residents, a 40% savings!) All checks made payable to "RKA Karate". **Dates: Session #1** September 27 to November 19, 2004. **Session #2** November 19 to January 14, 2005. **Session #3** January 17 to March 12, 2005. For more information about RKA Family Karate visit [www.somervillekarate.com](http://www.somervillekarate.com). Registration through Bridgewater Recreation.

### Teen Karate

RKA Family Karate offers martial arts programs for teens ages 12 through 15. Our teen program is a special blend, crossing the mental benefits derived from our children's program and the quick effective self defense of our adult program. The teens get to learn in a fun, safe and fast paced environment. Classes are held on Mondays & Wednesdays from 7:20-8:00pm, Tuesdays and Thursdays from 6:30-7:15pm, Fridays from 6:30-7:15pm, and Saturdays from 12:30-1:30pm. All classes are 8 weeks long and will be held at RKA Family Karate located at 8 Roosevelt Ave in Somerville. Cost: \$70.00 for one class a week or \$125.00 for two classes a week. Participants are required to purchase a uniform for \$30.00 (this is a discounted price for our Bridgewater-Raritan residents, a 40% savings!) All checks made payable to "RKA Karate". **Dates: Session #1** September 27 to November 19, 2004. **Session #2** November 19 to January 14, 2005. **Session #3** January 17 to March 12, 2005. For more information about RKA Family Karate visit [www.somervillekarate.com](http://www.somervillekarate.com). Registration through Bridgewater Recreation.

### Pee-Wee Outdoor Lacrosse Clinic

Expose your "Little Warrior" to America's first and fastest growing sport. These four sessions are designed to teach boys and girls the fundamentals of this fast-paced and exciting game. This is a non-contact program and no equipment is necessary. In addition, this program also stresses the importance of teamwork and good sportsmanship. For boys and girls ages 4 to first grade and second grade girls. The program runs on Saturday, September 11, 18, October 2, and 9, 2004 from 4:00 to 5:00pm at the John Basilone Memorial Field. In case of inclement weather, the makeup date will be October 16, 2004. Cost \$40.00 for Bridgewater-Raritan participants who need to purchase a lacrosse stick, \$30.00 for participants who already own a stick. Checks made payable to "Bridgewater Lacrosse Inc.". **Registration Deadline:**



# Pre-School & Youth Programs



**Monday, August 12, 2004.** For more information contact M.G. Hollingsworth at (732) 764-8896 or check out our website at [www.bridgewaterlacrosse.com](http://www.bridgewaterlacrosse.com). Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## **Girl's Lacrosse Program (grades 3 to 6)**

Bridgewater Girl's Lacrosse is a competitive program requiring a commitment on Tuesdays, Thursdays and Saturdays from April through June. Sign up at the Bridgewater Recreation Department. **Registration Deadline: Wednesday, December 1, 2004.** For further information visit [www.bridgewaterlacrosse.com](http://www.bridgewaterlacrosse.com).

## **Boy's Fall Lacrosse (Indoor and Outdoor)**

This fall lacrosse program helps the player learn and review skills and tactics of this popular sport through practice and game situations. For boys in grades 2nd to 6th. Program runs Saturday, October 9, 16, 23, 30, 2004 from 5:00pm to 6:00pm at the Bridgewater Middle School. The make up raindates will be held on the Sunday following the Saturday that was missed. The next sessions will take place on November 6, 13 and 20, 2004 from 5:00pm to 8:00pm at Soccer Centers (Soccer Centers is in Somerset, NJ just a half mile off exit 12 of Route 287). **Registration Deadline: Friday, October 1, 2004.** Cost \$70.00 Bridgewater residents checks made payable to "Bridgewater Lacrosse Inc.". Each participant (2nd through 8th grade) must have his own lacrosse stick. 2nd graders do not require other lacrosse equipment. 3rd and 4th graders can borrow equipment from the Bridgewater Lacrosse Organization; if you wish to borrow equipment, a separate deposit check made payable to "Bridgewater Lacrosse Inc." for \$85.00 is required on the first day of the program which is Saturday, October 9, 2004 (the equipment deposit will be refunded at the end of the season when all equipment is returned). 5th through 8th grade participants must have their own equipment. A presentation will be given by a reputable sporting goods company to assist participants in purchasing lacrosse equipment (information will be available to participants prior to the start of the program). For more information contact M.G. Hollingsworth at (732) 764-8896 or check out our website at: [www.bridgewaterlacrosse.com](http://www.bridgewaterlacrosse.com). Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## **Boy's Spring Lacrosse Program**

The fundamentals and tactics of boy's lacrosse will be taught. The coaching staff will also be stressing the importance of teamwork and good sportsmanship. This program is for boys in grades 2, 3, 4, 5, 6, 7 & 8. Practices will be held Monday through Friday from 6:00pm to 7:30pm. There will be two practices a week with Saturday games and some games on a weeknight. Note: the 2nd grade program is a non-contact in-town program that requires no out of town traveling. The 3rd, 4th, 5th, 6th, 7th & 8th grade program will have home and away games against neighboring towns – expect to travel. Games will be held on Saturday mornings and some weekdays. This program starts in early March of 2005 with a mandatory parents/participant meeting at the Bridgewater Senior Citizen Center at 12:00pm and concludes in mid-June. **Registration Deadline: Friday, December 17, 2004** by 5:00pm at the Recreation Department. Cost \$100.00 for Bridgewater-Raritan residents checks made payable to "Bridgewater Lacrosse, Inc.". The cost includes registration fee, US Lacrosse membership and supplemental insurance, and a new upgraded uniform. Each participant (2nd through 8th grade) must have his own lacrosse stick. 2nd graders do not require other lacrosse equipment. 3rd and 4th graders can borrow equipment from the Bridgewater Lacrosse Organization; if you wish to borrow equipment, a separate deposit check made payable to "Bridgewater Lacrosse Inc." for \$85.00 is required at the Sunday mandatory parent/participant meeting (the equipment deposit will be refunded at the end of the season when all equipment is returned). 5th through 8th grade participants must own their own equipment. A presentation will be given by a reputable sporting goods company to assist participants in purchasing lacrosse equipment (information will be available to participants prior to the start of the program). For more information call Boy's Lacrosse Coordinator M.G. Hollingsworth at (732) 764-8896 or visit [www.bridgewaterlacrosse.com](http://www.bridgewaterlacrosse.com). Space is limited; registration is based on first come first serve. Out of town residents are welcome to register for this program but will only be accepted into the program after all Bridgewater residents have been accommodated; if non-residents are not taken, checks will be returned.

## **Manners Matter**

Manners Matter Workshop for boys and girls ages 7 to 12 years old. This two-hour course was developed by Kerry Preston, a professional speaker and trainer, whose mission is to deliver character education and build positive self-esteem. The program will introduce students to the do's and don'ts of everyday etiquette and dining etiquette. The format of this class is fun and interactive with lots of role playing, allowing the students to practice their new skills. Covering such topics as telephone skills, introductions and party manners. This course will provide children with the tools needed to properly handle today's real life social situations. Courses to be held at the Bridgewater Senior Citizen Center on Saturday, October 2 and Saturday, October 9, 2004. Two sessions will be offered on both days from 9:00am to 11:00am or 11:00am to 1:00pm. Cost \$25.00 checks made payable to "KP Consulting". Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.



## Pre-School & Youth Programs

### Music Preludes – new program!

Music Preludes is a *non-sectarian* dynamic program that invites your child (6 months to 2 years of age) to embark on a journey into a world where brilliant colors of music will captivate their imagination and guide them through exciting creative adventures. The goal of Music Preludes is to provide children with enriching experiences and a process through which they will achieve musical literacy according to their individual readiness. Infants and toddlers will learn about the “colors of music” (loud, soft, fast, slow, high, low, short, long) through lots of fun songs, chants, finger-plays, movement and stories. They will use instruments to learn about beat and rhythm and have fun moving creatively to music. *Children will be assisted by parent/caregiver during all activities.* There will be an early childhood professional instructor, specially trained in music. Sessions held at The Preschool Place & Kindergarten at Temple Shalom, North Bridge Street - Bridgewater. **Session #1:** Mondays, September 13, 20, 27, October 4, 11, 18, 25, November 1, 8 and 15, 2004. **Session #2:** Mondays, November 22, 29, December 6, 13, 20, January 3, 10, 17, 24 and 31, 2005. Times are as follows: 6 months to 18 months 9:15 to 9:45am or 9:45 to 10:15am, 18 months to 2 years 10:15 to 10:45am or 10:45 to 11:15am. Cost \$90.00 checks made payable to “The Preschool Place & Kindergarten”. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. Only ten children per class.

### Roller Hockey

Here is a chance to participate in the fastest growing sport in the United States. Games will be played at one of the three facilities located in Bridgewater (Chimney Rock Park, Harry Ally Memorial Park and Milltown Roller Rink). For Bridgewater-Raritan Residents - boys and girls ages 5 to 15 (as of 4/1/04) boys and girls play together. Divisions: Mite 5, 6, 7 & 8 years old, Squirt 9 & 10 years old, Pee-Wee 11 & 12 years old and Bantam 13, 14 & 15 years old. *Age groups determined on age as of 4/1/04.* Age groups subject to change depending on number of registrations. We understand that some participants play in different divisions due to ability. Please register them for the proper division based on age, changes will be made by the commissioners. All players are required to provide and use the following equipment: certified hockey helmet with chin strap and full face protection, mouth piece, elbow pads, hockey gloves, knee and shin protection, protective cup (males), roller blades and hockey stick. Teams from the Spring 2004 season will stay the same. New participants will be drafted onto existing teams. New players will be required to attend an In-Line Hockey Clinic/Skills assessment, which will be the weekend of September 11, 2004. More information will be forthcoming. Games will be played on Saturday and Sunday afternoons and occasionally on weeknights starting in mid September and continuing until mid November. Cost \$40.00 Bridgewater residents and \$45.00 Raritan residents. **Registration Deadline: Monday, August 16, 2004.** Registration after deadline will result in child being placed on a waiting list with no guarantees of being placed on a team or receiving a Jersey. If not placed on a team, registration fee will be returned. Any registration received by the Recreation Department after 5:00pm on Monday, August 16, 2004 will be considered late. **Note:** In order for this popular program to continue, coaches are desperately needed. Please indicate on your child's registration form that you are willing to coach. If you do not have any children in the program and would like to dedicate your time, please call the Recreation Department at (908) 725-6373.

### Ski – ages 8 to 8th grade!

Bridgewater-Raritan residents only – space is limited! Our program offers six Saturdays of downhill excitement at Shawnee Mountain. For boys and girls ages 8 to 8th grade. Buses will leave the John Basilone High School parking lot at 6:30am and return at 4:00pm. Ski dates are Saturdays, January 8, 15, 22, 29, February 5 and 12, 2005. In case of inclement weather, make up dates will be Saturday, February 19 and 26, 2005. **Ski options** - lift only \$207.00; lift & ski rental \$257.00; lift & (5) ski lesson \$252.00; lift, ski rental & (5) ski lesson \$302.00; lift & (3) ski lesson \$234.00; lift, ski rental & (3) ski lesson \$284.00. **Snowboard options** – lift only \$207.00; lift & board rental \$282.00; lift & (5) board lesson \$277.00; lift, board rental & (5) board lesson \$352.00; lift, (3) board lesson \$249.00; lift, board rental & (3) board lesson \$324.00. Check or money order only, separate checks for each participant, made payable to “Shawnee Mountain”. Sorry, no cash will be accepted for payment. No refund after registering. **Registration Deadline: Wednesday, October 27, 2004.** Mail-In registration for your convenience until Friday, October 15, 2004 due to limited space, after 10/15/04 you must come In-Person to the Recreation Department to register on a first come first serve basis. OVO Helmets will be available for purchase at \$52.00 (including tax). If you would like to learn more about the “OVO” brand, go to [www.ovousa.com](http://www.ovousa.com). More information will be available on the registration form.

### SmartSitter

Space is limited; registration is based on first come first serve at the Bridgewater Recreation Office. SmartSitter is a hands on, safety based program designed to teach young people, ages 11 to 16, the many skills of becoming a great babysitter. SmartSitters extensive curriculum, taught by registered nurses, covers the care of infants through school age children (diapering, feeding playtime activities, etc.), basic first aid, handling choking emergencies, fire safety and prevention, the business of babysitting and safety for the sitter. Students receive a SmartSitter manual complete with family emergency



# Pre-School & Youth Programs



forms, plus a SmartSitter certificate of completion. Each student receives an illustrated SmartSitter manual to accompany them to babysitting jobs and a SmartSitter certificate. SmartSitter graduates leave the program with a wealth of knowledge plus the confidence to be the best babysitter in your community. Courses to be held at the Bridgewater Senior Citizen Center on Saturday, September 11, 2004, November 6, 2004 and January 8, 2005 from 9:00am to 3:00pm. Cost \$45.00 per session checks made payable to "SmartSitter".

## Someone Special and Me – new program!

A delightful *non-sectarian* program designed for your child to enjoy with someone special. Ages 18 months to 2 \_ years. Enjoy a fun-filled hour of free play, arts and crafts, songs, stories, and even a snack. It's the perfect start for a positive preschool experience. Classes are held at The Preschool Place & Kindergarten at Temple Sholom, North Bridge Street - Bridgewater. **Session #1:** Tuesdays, September 14, 21, 28, October 5, 12, 19, 26, November 2, 9 and 16, 2004 or Wednesdays, September 15, 22, 29, October 6, 13, 20, 27, November 3, 10 and 17, 2004. **Session #2:** Tuesdays, November 23, 30, December 7, 14, 21, January 4, 11, 18, 25 and February 1, 2005 or Wednesdays, November 24, December 1, 8, 15, 22, January 5, 12, 19, 26 and February 2, 2005. Times are as follows: two simultaneous classes will be held from 9:00 to 10:00am or 10:05 to 11:05am with six children per class. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. Cost \$150.00 checks made payable to "The Preschool Place & Kindergarten".

## Pre-Season Soccer Day

Get a jump on the Fall Soccer season! Soccer Centers (Somerset, NJ just a half mile off exit 12 of Route 287) will be holding a soccer clinic to get soccer players (kindergarten through 8th grade) back into shape. Coaches and assistant coaches are invited to come and learn more about soccer to become involved. This clinic will include Fast Foot skills, Power Shooting and the use of small-sided games in order to prepare the player for the upcoming season. The clinic will take place on Saturday, September 11, 2004. Times are as follows: 1st and 2nd grade boys and girls – 12:00pm to 1:30pm, 3rd and 4th grade boys and girls – 1:45 to 3:15pm, 5th and 6th grade boys – 3:30 to 5:00pm, 5th, 6th, 7th, and 8th grade girls – 5:15 to 6:45pm, 7th and 8th grade boys – 7:00 to 8:30pm. Times subject to change pending registration. Cost \$10.00 checks made payable to "Soccer Centers". **Registration Deadline: Monday, August 16, 2004.**

## In-Town Soccer

**Kindergarten Soccer** is for all Bridgewater-Raritan resident boys and girls going into kindergarten (2004/2005 school year). On Saturday afternoons the kindergarten soccer games for Bridgewater Recreation will be at Soccer Centers in Somerset! *To get to Soccer Centers take I-287 to exit 12 at the end of the ramp make a left onto Weston Canal Road, at the first light make a left onto Cottontail Lane, go 7/10 of a mile and make a right onto Memorial Drive, Soccer Centers will be ahead at the end of the street - 300 Memorial Drive.* What is Soccer Centers? It is the largest state of the art bubble of its kind in the tri-state area. A turf surface encompasses a total of 44,000 square foot area of playing space. At Soccer Centers our eight (8) week program will expose our kindergartners to non-competitive instructional games with training designed by Soccer Centers "European Level I" trainers. Trainers and coaches will work with the players during games assisting them in learning positions and maintaining spacing. Both coaches and players will have a better understanding of soccer, creating a foundation for future growth. Games will never get canceled due to weather conditions and played anywhere from 12:00pm to 5:00pm.

**Grades 1st to 8th Soccer** is for all Bridgewater-Raritan resident boys and girls currently in 1st grade to 8th grade (2004/2005 school year). Games are on Saturdays anywhere from 8:30am to 2:00pm games will be played in Bridgewater Township and neighboring towns.

**General Information for all grades of soccer... Program Fees** - kindergartner program \$50.00 (\$55.00 after deadline) checks payable to "Soccer Centers". Grades 1st to 8th Bridgewater residents \$30.00 (\$35.00 late after deadline) and Raritan residents \$35.00 (\$40.00 late after deadline) checks payable to "Bridgewater Township". **If registering more than one child, separate checks and forms are required. Registration Deadline: Monday, August 16, 2004 by 5:00pm at the Bridgewater Recreation Department.** Any registration received by the Recreation Department after 5:00pm on Monday, August 16 will be considered late. The registration will be placed on a waiting list with no guarantees of being placed on a team or receiving a T-shirt. If not placed a refund will be issued. **Game Dates** are Saturdays, September 18, October 2, 9, 16, 23, 30 November 6, and 13, 2004. **Practices** take place during the week anywhere from 3:30pm to 7:30pm beginning the week of September 8 and will be held outdoors in the Bridgewater area. They are scheduled by the availability of the volunteer coaches and fields, expect to travel. **Teams** are formulated by the Recreation Department. Boys and girls play on separate teams. Once child is placed on a team, there will be no switching for that season for any reason. Participants are not allowed to play in both In-Town and Traveling soccer. If there is a problem during the season with a coach, contact Recreation immediately to handle the issue. **Equipment** Mesh-shirts are issued by the Recreation Department in the Fall and are to be worn in the Fall and Spring seasons. Requirement of the participants: shorts, shin guards, ball (*appropriate ball size - #3 for kindergarten, first & second; #4*



## Pre-School & Youth Programs

for third & fourth and #5 for fifth, sixth, seventh & eighth grades), cleats for grades 1st to 8th and sneakers only for kindergartners. Coaches will contact participants regarding all information after the Thursday, September 9, 2004 mandatory **Coaches** Meeting where rosters, equipment and practice fields will be issued. Coaches who are not certified or anyone interested in coaching or assisting must take the Rutgers Youth Sports Safety Orientation & Training Workshop, which will be offered on Monday, September 13, 2004. If interested please call the Recreation Department.

### Soccer Kids

Registration through the Mc Loughlin School of Soccer (908)766-6675 or [www.soccer-kids.com](http://www.soccer-kids.com). A detailed flyer is available at the Recreation Office on or after Thursday, July 29, 2004. Soccer classes are taught by the Mc Loughlin School of Soccer staff and run for seven weeks. Classes cost \$90 per child, check payable to "Mc Loughlin Soccer". All classes are held at Crim Fields. (unless otherwise stated). **TYPES OF CLASSES:** Parent-Child: A fun introductory class for 3 and 4 year olds, participating with a parent. Children must be born before 9/1/01. Classes are held on Tuesdays at 10:00 and 4:45\* and Saturdays at 11:15\*. Kiddie Soccer: An enjoyable starter class for children three and a half years old who are ready to learn how to play soccer without Mom or Dad. Children must be born before 3/1/01 to participate. Classes are held on Tuesdays and Fridays at 1:30 and Saturday at 10:30\*. Soccer Kids: A nationally known, fun filled soccer program is for four and five year old boys and girls. Children gain confidence with a soccer ball through a variety of games while having a good time. Children must be born before 9/1/00 to participate. Classes are held on Tuesdays at 10:00, 12:45, 1:30 and 4:00\*; on Wednesdays at 12:45 or 1:30; on Fridays at 12:45 and Saturdays at 9:00\* or 9:45\*. \*These classes are held at Duke Island Park. Class Dates: Tuesdays, September 21, 28, October 5, 12, 19, 26 and November 2, 2004 (rain date - November 9, 2004). Wednesdays, September 22, 29, October 6, 13, 20, 27 and November 3, 2004 (rain date - November 10, 2004). Fridays, September 24, October 1, 8, 15, 22, 29 and November 5, 2004 (rain date - November 12, 2004). Saturdays, September 18, October 2, 9, 16, 23, 30 and November 6, 2004 (rain date - November 13, 2004). No class on September 25, 2004.

### Holiday Soccer Camps

Soccer Centers holds a full or half day program for players of every skill level. Players will be introduced to small-sided soccer games in which teams are rotated and changed every 15 minutes. Players will compete against one another and awards given out for each age group winner based on the individual's accomplishments. For those that sign up for the full day program, based on their age, the competition will be preceded or followed by a training session. Ages U7 to U11- games session 9:00am to 11:45am, \$30.00. Skills training session 12:45pm to 3:00pm, \$30.00. Ages U12 to U14 games session 12:15pm to 3:00pm, \$30.00. Skills training session 9:00am to 11:15am, \$30.00. Dates are as follows: November 4 and 5, 2004, January 17, 2005, February 18 and 21, 2005. December 27 to Dec 31, 2004 \$195/week for Bridgewater Township Residents \$225/week for Raritan Residents or per day /per session pricing (see above). March 28 to April 1 \$195/week for Bridgewater Township Residents \$225/week for Raritan Residents or per day /per session pricing (see above). No afternoon sessions on December 31, 2004. Checks made payable to "Soccer Centers". Soccer Centers is located in Somerset, NJ just a half mile off exit 12 of Route 287. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

### Little Kickers –new program!

This program is designed for children between the ages of 3 and 6 and introduces them to the fundamentals of soccer. Each week USSF licensed trainers will introduce different games to the players that help them learn the basics of the sport while keeping the emphasis on fun. **Session #1:** Tuesdays 10:00am to 11:00am, November 9, 16, 23, 30, 2004, December 7, 14, 21, 2004 and January 4, 2005. Fridays 12:00pm to 1:00pm, November 12, 19, December 3, 10, 17, 2004, January 7, 14, 21, 2005. **Session #2:** Tuesdays 10:00am to 11:00am, January 11, 18, 25, February 1, 8, 15, 22, and March 1, 2005. Fridays 12:00pm to 1:00pm, January 28, February 4, 11, 25, March 4, 11, 18, and April 8, 2005. **Session #3:** Tuesdays 10:00am to 11:00am, March 8, 15, 22, April 5, 12, 19, 26, and May 3, 2005. All classes are held at Soccer Centers (300 Memorial Drive) in Somerset, NJ just a half mile off exit 12 of Route 287. Cost \$90.00 checks made payable to "Soccer Centers". Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. Out of Town residents are welcome to register for this program but will only be accepted into the program after all Bridgewater residents have been accommodated; if non-residents are not taken, checks will be returned.

### Indoor Winter Recreation Soccer League –new program!

For children in kindergarten, 1st, 2nd and 3rd grades. Saturdays from 12:00pm to 5:00pm, November 20 to December 18, 2004. Five week session. Games will be played each week at Soccer Centers. Players may sign up individually or as a team and all players will be grouped according to age. Each team plays 1-50 minute game each week. Players also receive t-shirts. All sessions are held at Soccer Centers (300 Memorial Drive) in Somerset, NJ just a half mile off exit 12 of Route 287. Cost \$75.00/player and \$720/team. Checks made payable to "Soccer Centers". Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

# Pre-School & Youth Programs



## Softball Clinic (Pitching)

This pitching clinic is for girls who are new to the fast pitch game of softball and want to learn how to pitch or for those who desire to improve their current fast pitch skills. Group and individual attention will be given to all participants. Kelly Schwertfeger, who pitched for Bridgewater-Raritan High School East and NCAA Division I Softball at Seton Hall University, will help girls to learn, improve and polish all pitching styles. Mondays for 3rd, 4th & 5th graders January 3, 10, 17, 24, 31 and February 7, 2005. (Make up date February 14, 2005). Wednesdays for 6th, 7th & 8th graders January 5, 12, 19, 26, February 2 and 9, 2005. (Make up date February 16, 2005). From 4:00-5:30pm at Adamsville School gym. Cost \$60.00 Bridgewater-Raritan residents checks made payable to "Kelly Schwertfeger". Note class time and dates could change pending registration. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## Softball Clinic (k, 1st & 2nd Grade)

That's right girls – come and learn the fundamentals of softball that will carry you through your softball career. Get a jump-start on the season and learn from Bridgewater-Raritan High School Varsity Head Coach Sandy Baranowski. For girls in kindergarten, 1st and 2nd grade. **Session #1:** Tuesday, February 15 and Thursday, February 17, 2005. (Make up date is March 1, 2005) **Session #2:** Tuesday, February 22 and Thursday, February 24, 2005. (Make up date is March 3, 2005). Time 4:00-5:30pm at the Adamsville School. Cost \$20.00 per session Bridgewater-Raritan residents checks made payable to "Sandy Baranowski". Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## Softball Clinic (3rd to 8th Grade)

Sandy Baranowski Bridgewater-Raritan High School Girls Varsity Head Coach will help teach girls the basic fundamentals of softball. Infield skills, covering bases, position play, bunting and hitting. For girls in grades 3, 4 & 5: Tuesdays - January 4, 11, 18, 25, February 1 and 8, 2005. For girls in grades 6, 7 & 8: Thursdays – January 6, 13, 20, 27, February 3 and 10, 2005. Time for both grades is 4:00-5:30pm at the Adamsville School Gym. Cost \$35.00 Bridgewater-Raritan residents checks made payable to "Sandy Baranowski". Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## Speed and Agility

This program is designed for all sports to increase speed, quickness, agility and power for all youth athletes. By working on the proper BioMechanics of running, athletes will not only see an increase in speed and agility but endurance as well. Cost \$165.00 Bridgewater-Raritan residents and \$185.00 non-residents checks payable to "Soccer Centers". Space is limited; registration based on first come first serve at the Bridgewater Recreation Department. **Sessions #1:** - Mondays, September 13, 20, 27, October 4, 11, 18, 25 & November 1, 2004. High School Grades 9-12 5:00pm to 6:00pm; 9 to 12 years of age 6:00-7:00pm & 12 to 16 years of age 7:00-8:00pm. **#2:** - Saturdays, November 13, 20, 27, December 4, 11, 18, 2004, January 8 & 15, 2005. 9 to 11 years of age 9:00am to 10:00am; 12 to 16 years of age 10:00am to 11:00am. **#3:** - Tuesdays, November 16, 23, 30, December 7, 14, 21, 2004, January 4 & 11, 2005. High School Grades 9-12 4:00pm to 5pm; 9 to 11 years of age 5:00pm to 6:00pm & 12 to 16 years of age 6:00pm to 7:00pm. **#4:** - Tuesdays, January 18, 25, February 1, 8, 15, 22, March 1 & 8, 2005. High School Grades 9-12 4:00pm to 5:00pm; 9 to 11 years of age 5:00pm to 6:00pm & 12 to 16 years of age 6:00pm to 7:00pm. **#5:** - Saturdays, January 22, 29, February 5, 12, 19, 26, March 5 & 12, 2005. 9 to 11 years of age 9:00am to 10:00am; 12 to 16 years of age 10:00am to 11:00am. **#6:** - Mondays, April 4, 11, 18, 25, May 2, 9, 16, & 23, 2005. High School Grades 9-12 5:00pm to 6:00pm; 9 to 12 years of age 6:00-7:00pm & 12 to 16 years of age 7:00-8:00pm.

## Pre-School Swim Lessons

**In-Person Registration for Bridgewater residents only - begins on Saturday, August 12, 2004 at the Bridgewater Municipal Building.** The Bridgewater Recreation Department will be sponsoring swim lessons with and held at the Somerset Valley YMCA, (908) 526-0688 [www.ymcasomersetvalley.org](http://www.ymcasomersetvalley.org), for boys and girls ages 6 and under. Age criteria Parent/Child is for children 6 months to 3 years (parent goes in water with child). Beginner with Parent is for children 2 1/2 to 3 1/2 years (parent goes in water with child). Beginner, Intermediate and Advance ages 3 to 6 years old. Class criteria to sign up for beginner with parent: this class is a transition for the child who is close to meeting the requirements for Beginner and for the starting swimmer who is hesitant beginning alone. Class criteria to sign up for Intermediate: children (with bubble) must be able to swim 50 feet independently in the prone position paddle stroke and put their whole face in the water and blow bubbles. Class criteria to sign up for Advance: covers bobbing, standing dives, elementary backstroke, underwater object recovery and finning. Rotary breathing is refined, breaststroke is introduced, treading water and safety skills are covered. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. If you are signing up for more than one child or session, separate checks are required. Cost \$73.00 per session checks made payable to "Somerset Valley YMCA" (all sessions are 7 weeks). No





## Pre-School & Youth Programs

refunds, credits or make-ups will be given unless two or more classes are missed due to medical reasons. ***Proof of age is not required, but if your child is found not to be eligible for this class, your child will be expelled from session and no refund will be issued.*** **Dates:** **Session #1** September 13 to October 30, 2004. **Session #2** November 1 to December 18, 2004. **Session #3** January 3 to February 19, 2005. **Days and Times for all sessions:** **Mondays** 10:00-10:30am Parent/Child, 10:30-11:00am Parent/Child, 11:00-11:30am Beginner, 3:00-3:30pm Beginner, 3:30-4:00pm Intermediate, 4:00-4:30pm Beginner, 6:00-6:30pm Beginner, 6:30-7:00pm Beginner, 7:00-7:30pm Intermediate. **Wednesdays** 3:00-3:30pm Beginner, 3:30-4:00pm Intermediate, 6:00-6:30pm Beginner, 6:30-7:00pm Beginner. **Fridays** 9:00-9:30am Intermediate, 10:00-10:30 Beginner, 11:30-12:00 Beginner w/ Parent, 3:00-3:30pm Beginner, 3:00-3:30pm Intermediate, 3:30-4:00pm Advanced, 3:30-4:00pm Intermediate. **Saturdays** 8:30-9:00am Intermediate, 9:00-9:30am Advanced, 9:00-9:30am Parent/Child, 9:30-10:00am Beginner, 11:30-12:00pm Beginner with parent.

### Youth Swim Classes

**In-Person Registration for Bridgewater residents only begins on Thursday, August 12, 2004 at the Bridgewater Municipal Building.** The Bridgewater Recreation Department will be sponsoring swim lessons with and held at the Somerset Valley YMCA, (908) 526-0688 [www.ymcasomersetvalley.org](http://www.ymcasomersetvalley.org), for boys and girls ages 7 to 12. The Beginner class is the beginning level for school-age children. It gets children acquainted with the pool, the use of floatation devices, and front and back floating. By the end of this level, they should know the front paddle stroke, side and back paddle, and be able to swim the length of the pool with a floatation device and with their face in the water. Diving skills are introduced as well. In Intermediate, the children continue to practice and build upon basic skills, now performing more skills without the aid of a floatation device. They are introduced to lead up strokes to the front and back crawl, sidestroke, breaststroke, and elementary backstroke. More diving skills are taught. In Advance, students work to perform the front and back crawl stroke, elementary backstroke, and sidestroke with turns. They are introduced to the butterfly stroke. They continue to work on diving skills. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. If you are signing up for more than one child or session, separate checks are required. Cost \$109.00 per session checks made payable to "Somerset Valley YMCA" (*all sessions are 7 weeks*). No refunds, credits or make-ups will be given unless two or more classes are missed due to medical reasons. ***Proof of age is not required, but if your child is found not to be eligible for this class, your child will be expelled from session and no refund will be issued.*** **Dates:** **Session #1** September 12 – October 24, 2004. **Session #2** November 7 – December 19, 2004. **Session #3** January 9 – February 20, 2005. **Days and Times for all sessions:** **Sundays** 2:00-2:45pm Beginner, 2:00-2:45 Beginner, 2:45-3:30pm Intermediate, 2:45-3:30pm Intermediate, 3:30-4:15pm Advance, 3:30-4:15pm Advance.

### Chess Club and Family Swim

**In-Person Registration for Bridgewater residents only begins on Thursday, August 12, 2004 at the Bridgewater Municipal Building** The Bridgewater Recreation Department will be sponsoring a chess club and family swim with and held at the Somerset Valley YMCA, (908) 526-0688 [www.ymcasomersetvalley.org](http://www.ymcasomersetvalley.org), for boys and girls in grades 1 through 5. Chess makes kids smarter! How? Well, chess is all about focusing, concentrating, anticipating, evaluating, thinking concretely, thinking abstractly, visualizing, planning, and learning to juggle about a dozen considerations in your mind all at once. Can you improve at all these things and not "be smarter"? Naturally, what anyone gets out of it is a function of what they put in, but if you make an effort, chess yields rewards. Now, add family swim to the mix, and you have a great night of fun and learning. By signing up for the chess and swim combination, the immediate family can partake in an hour of swimming (the kiddie pool will be available). Take advantage of an opportunity for your child to learn and have fun as a family. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. If you are signing up for more than one child or session, separate checks are required. Cost \$60.00 Chess only / \$80.00 Chess and Family Swim checks made payable to "Somerset Valley YMCA" (*all sessions are 7 weeks*). No refunds, credits or make-ups will be given unless two or more classes are missed due to medical reasons. ***Proof of age is not required, but if your child is found not to be eligible for this class, your child will be expelled from session and no refund will be issued.*** **Dates:** **Session #1** September 18, 25, October 2, 9, 16, 23, 30, 2004. **Session #2** November 6, 13, 20, 27, December 4, 11, 18, 2004. **Session #3** January 8, 15, 22, 29, February 5, 12, 19, 2004. **Times for all sessions** 1st and 2nd grade boys and girls play chess from 6:00-7:00pm followed by Family Swim from 7:00pm-8:00pm; 3rd, 4th, and 5th grade boys and girls play chess from 7:00-8:00pm preceded by Family Swim from 6:00-7:00pm.

### Fall Off-Season Wrestling Club (September - October 2004)

Is your child a new or experienced wrestler interested in off-season wrestling instruction and mat-time at a tremendous value? The wrestling club is continuing this program to Bridgewater Raritan residents entering grades K - 8 in September 2004. All practices will be held at the Bridgewater Raritan Middle School gym from 6:30pm to 8:00pm (grades K-2 from 6:30pm to 7:30 pm; grades 3-8 from 6:30pm to 8:00pm) each Wednesday, from September 8 through October 27, 2004. Practices will be supervised and structured, and sessions will include conditioning, instruction of techniques, drilling, and

# Pre-School & Youth Programs



some live wrestling. Wrestlers will be separated into a K-2 group and a 3rd-8th grade group. Head coach for the off-season Panther Wrestling Club is Rich Shifman, a certified recreation coach with 11 years experience coaching wrestling. Cost \$30.00 Bridgewater-Raritan residents checks made payable to "Bridgewater Wrestling Club". Any questions, please e-mail Rich Shifman at [rs@genivox.com](mailto:rs@genivox.com).

## **Wrestling Open House Nights (October 25 - November 1, 2004)**

Bridgewater Recreation Wrestling will be holding "Wrestling Open-House Sessions" on Monday, October 25 and Monday, November 1, 2004. These sessions will be held from 7:00pm to 8:00pm at the Bridgewater Raritan Middle School gym. These open houses will inform parents and prospective wrestlers (children in grades K-8) about the Recreation Wrestling program. Our coaches invite any interested parents and their children to attend and see why wrestling is fun, while teaching respect, discipline and self-confidence. Each Open-House session will introduce the program's philosophy, structure, schedule, coaches, and some current wrestlers. There also will be a brief wrestling clinic to demonstrate what the sport of amateur wrestling is about and to show how fundamental skills are taught and drilled in practices. Any questions, e-mail Head Coach Edwin Diaz at [ediaz62@hotmail.com](mailto:ediaz62@hotmail.com).

## **Recreation Wrestling Program (November 2004 - March 2005)**

This program emphasizes learning the sport of amateur wrestling, instilling solid values, and having fun! We attempt to make the program fun for everybody – we believe wrestlers (and their parents) should enjoy their participation in the program. This year, we are continuing to admit wrestlers in grades K-8, and depending on wrestlers' ages and experience they may participate in one of three leagues (Raritan Valley League, Central Jersey League, or the Grade School League). Program will start in November 2004 and continue through the end of March 2005. **Registration Deadline: Friday, November 5, 2004.** Cost \$50.00 Bridgewater residents and \$55.00 Raritan residents. Kindergarten-6th grade Wrestling... There will be 2-3 practices per week, as well as weekday and weekend competition (Saturdays and/or Sundays). Times are kindergarten, 1st, and 2nd grade 6:30-7:15pm and 3rd, 4th, 5th, and 6th grade 7:00-8:30pm on Tuesdays and Thursdays; and all grades between 8:00am and 12:00noon on Saturdays. Location is the Bridgewater-Raritan Middle School. (Note: participation in competition is optional). 7th & 8th grade Wrestling... Practice times are 7:00-8:30pm on Tuesdays, Wednesdays, and Thursdays at the Bridgewater-Raritan Middle School. If participants of this 7th and 8th grade program are also members of BRMS's wrestling program, the Tuesday and Thursday practices are not mandatory. There will also be weekday and weekend competition (Saturdays and/or Sundays). The 7th and 8th grade participants will wrestle in the highly competitive Grade School League program. For further information, visit us at [www.pantherwrestling.org](http://www.pantherwrestling.org).

## **Mom & Baby Yoga – new program!**

For moms and babies ages 4 weeks to 2 years: Moms can get back in shape while bonding with their babies. Stretching, toning, strengthening and restoring. Babies are engaged and stimulated throughout the series. Connect with your inner self while sharing experiences with others. The instructor is a certified registered yoga teacher and an Itzy Bitzy Yoga Graduate. Sessions held at The Preschool Place & Kindergarten at Temple Shalom, North Bridge Street - Bridgewater. **Session #1:** Mondays, September 13, 20, 27, October 4, 11, 18, 25, November 1, 8 and 15, 2004. **Session #2:** Mondays, November 22, 29, December 6, 13, 20 Times as follows: 11:30 –12:30pm 4 weeks to sitting up, 12:30-1:30pm 6 months to 18 months, 1:30-2:30 18 months to 2 years. Cost \$150.00 checks made payable to "The Preschool Place & Kindergarten". Ten children with parents/caregivers per class. "Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. Participants are required to bring a mat.



# High School & Adult Programs

## High School Basketball League

The structure of this league will be a competitive In-Town program for boys and girls in grades 9, 10, 11 & 12 (boys and girls play separately). Starts mid January and runs through February 2005. Games will be played on Saturday afternoons or evenings depending on gym availability and registrations at Bridgewater Raritan High School. Cost \$50.00 Bridgewater residents and \$55.00 Raritan residents. Team selection will be by volunteer coaches and participants. More information will be forthcoming. **Registration Deadline: Friday, December 3, 2004.**

## High School Open Gym Basketball – new program!

Open gym gives Bridgewater-Raritan residents currently attending High School the opportunity to get out of the house and have some fun and exercise on a weeknight! This program is structured for the athlete that does not participate on any high school basketball teams. This program will take place at the Bridgewater Raritan Middle School from October until early December. Boys will play Monday nights, grades 9 & 10 from 6:45 to 8:00pm and grades 11 & 12 will play from 8:00 to 9:15pm. Girls will play on Wednesday nights, grades 9 & 10 from 6:45 to 8:00pm and grades 11 & 12 will play 8:00 to 9:15pm. Make up dates scheduled for Monday, December 6, 2004 and Wednesday, December 8, 2004. Cost: \$40.00. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## Men's Over 30 Basketball League for Bridgewater Residents

Bridgewater Recreation will be running a new program for Men's Basketball for interested participants over the age of thirty. League registration will be accepted at the Recreation Department for all Bridgewater residents, proof of residence will be required (i.e. copy of drivers license). The new format for this league will be... games to be held on Thursday nights at the Bridgewater-Raritan Middle School. Tentative game times will be 7:00pm, 8:00pm and 9:00pm. Season will run from mid-September to the end of December. This league will need a minimum number of registrations to formulate four teams and a maximum of six teams. Registration will be accepted on an individual basis or as a team. Tentative registration cost \$100.00 per participant. **Registration Deadline: Friday, September 10, 2004.**

## CPR & First Aid – new program!

Community CPR (Adult/Child/Infant) is for any family member over 16 years of age, looking to advance their skills in helping someone during a cardiac emergency. This class will be held on Tuesday, September 28th and Tuesday, October 5th at the Bridgewater Senior Center on Somerville Road. The class will run from 6:30pm to 10:30 pm. Class will be limited to the first 20 students to register. The cost of the class will be \$45.00 per student, and this covers class materials and a CPR mask. The check to be made out to Bradley Gardens Rescue Squad. The class will be instructed by Robert Hanlon, II. Mr Hanlon, is a American Red Cross Instructor and has been a member of the Bradley Gardens First Aid and Rescue Squad for 22 years, and served as their Captain for the past 19 years. He also is the Captain of the Bridgewater Volunteer Emergency Services (Ambulance Crew) formed in 2002 by township employees. He has worked for Bridgewater Township for the past 7 years and currently is the Coordinator of the Licensing Bureau at Bridgewater Police and Deputy Coordinator of Bridgewater Office of Emergency Management.

## Golf Lessons

Bridgewater Recreation along with PGA Professional Stu Blasius will be hosting golf lessons for all levels of ability. Class size will be limited to six participants. Smaller class size for more one on one instruction. A video camera will be utilized and students will be able to view their progress. Requirements of participants are a nine iron and range ball fees (\$5.00 for large bucket). For adults (sixteen years old and over). Location will be at the Raritan Golf Range 101 Orlando Drive "Raritan". Dates are as follows: Mondays, September 20, 27, October 4, 11, 18, 2004 or Wednesdays, September 22, 29, October 6, 13, 20, 2004. Times for all classes: **Session I** 6:00pm to 7:30pm or **Session II** 7:35pm to 8:35pm (one session per participant). Cost \$95.00 checks made payable to "Stu Blasius". Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## Adult Karate

RKA Family Karate offers martial arts programs for adults 16 & up. We offer classes in traditional Okinawan Karate with additional bite. The program we offer to the adults was developed and taught to police departments and S.W.A.T. teams throughout the world. The techniques we teach have been field tested. They are taught to you in a safe and controlled environment. Classes are held on Mondays & Wednesdays from 8:00-9:00pm, Tuesdays and Thursdays from 7:15-8:15pm, Fridays from 6:30-7:15pm, and Saturdays from 12:30-1:30pm. All classes are 8 weeks long and will be held at RKA Family Karate located at 8 Roosevelt Ave in Somerville. Participants are required to purchase a uniform for \$30.00 (this is a discounted price for our Bridgewater-Raritan residents, a 40% savings!). Cost: \$70.00 for one class a week or \$125.00 for two classes a week. **Dates: Session #1** September 27 to November 19, 2004. **Session #2** November 19 to January 14, 2005. **Session #3** January 17 to March 12, 2005. For more information about RKA Family Karate visit [www.somervillekarate.com](http://www.somervillekarate.com). Registration through Bridgewater Recreation.

## Kombat Martial Arts

Kombat Martial Arts is a workout program that combines the energy of an aerobics class with practical, realistic self-defense. This hard-hitting action packed program is designed to teach men and women strong and solid self-defense moves while getting them into the best shape of their lives. The techniques being taught are an offshoot of the Israeli Military self-defense system. They are quick and easy to learn and retain. Classes are geared for adults ages 16 and up. The classes are offered evenings on Monday/Wednesday 6:20 – 7:20, and Tuesday/Thursday 8:15 – 9:15. Our 8-week program costs only \$175 for 2/week. Checks made payable to "RKA Karate". All sessions will be held at RKA Karate located in Somerville, 8 Roosevelt Place. **Session 1:** September 27 – November 19, 2004. **Session 2:** November 19 – January 14, 2005. **Session 3:** January 17 – March 12, 2005. For more information about RKA Family Karate visit [www.somervillekarate.com](http://www.somervillekarate.com). Registration through Bridgewater Recreation.



# High School & Adult Programs



## Cardio Kickboxing

Cardio Kickboxing is an incredible workout. Using the punches of boxing, and the kicks of karate you get a workout that is second to none. Our classes are split between: rhythmic cardio, resistance training on the heavy bags, and floor work. Cardio Kick Boxing will get you into fantastic shape burning hundreds of calories and hour while you learn proper form for kicking and punching. Our classes are offered mornings on Monday/Wednesday/Friday 9:30 – 10:30 and Saturday 8:30 – 9:30. Our 8-week session costs only \$50 for unlimited lessons. Checks made payable to “RKA Karate”. All sessions will be held at RKA Karate located in Somerville, 8 Roosevelt Place. **Session 1:** September 27 – November 19, 2004. **Session 2:** November 19 – January 14, 2005. **Session 3:** January 17 – March 12, 2005. For more information about RKA Family Karate visit [www.somervillekarate.com](http://www.somervillekarate.com). Registration through Bridgewater Recreation.

## Indoor Soccer

Indoor Soccer gives our Bridgewater residents over the age of 18 the opportunity for pickup soccer games. and Women's games are to be played on Tuesdays starting October 5, 2004 and run the months of October, November and December from 7:00 to 8:15pm. Men's games will be played Monday nights October, November and December from 8:15 to 10:00pm. During January, February and March men's and women's games will be played from 9:00 to 10:00pm. Dates are subject to cancellation due to school functions. This program will be held at Bridgewater-Raritan Middle School. On site registration fee of \$2.00 per visit.

## High School Roller Hockey League – new program!

For Bridgewater-Raritan residents –boys in grades 11 & 12 (2003-2004 school year). In order to participate in this league, you must know how to skate. Skates are optional for goalie. Please note; participants of this league can't play for the BRHS's Ice Hockey team. League breakdown will consist of 5 vs. 5 (pending registrations); three 12-minute periods with icing and offside, rules will be forthcoming. This league will utilize a ball. Games will be played on Saturdays from 5:00pm to 10:30pm at the Milltown Roller Hockey Rink. Practices will be held on Wednesdays from 9:15pm to 10:30pm. Players will be required to attend an In-Line Hockey Evaluation (to be placed on teams), which will take place on Saturday, March 27, 2004 at 5:00pm at the Milltown Rink (*rain date: Sunday, March 28, 2004 at 7:00pm at the Milltown Rink*). For inclement weather visit [www.bridgewaternj.gov](http://www.bridgewaternj.gov) or call the Code-A-Phone at (908) 526-7107 for a recorded message. Season to start with scrimmages on Saturday, April 3, 2004 and season to end in August with playoffs! All players are required to provide and use the following equipment: certified hockey helmet with chin strap and full face protection, mouth piece, elbow pads, hockey gloves, knee and shin protection, protective cup, roller blades and hockey stick. **Cost:** Two separate checks are required, one for the registration fee and the second for a hockey jersey! Bridgewater Residents \$30.00 check payable to “Bridgewater Township” & \$10.00 check payable to “Valley Sports”. *Raritan Residents* \$40.00 check payable to “Bridgewater Township” & \$10.00 check payable to “Valley Sports”.

## Rutgers SAFETY Clinic

Mandatory for all volunteers of youth sports. Coaches and assistants who attend this workshop will be covered under the law, which provides immunity from civil damages. It is mandatory for all coaches and assistants participating in Township activities to become certified. The workshop will be held at the Bridgewater Senior Citizen Center on Monday, September 13, 2004 from 6:30 to 10:00pm. There is no registration fee for volunteer coaches participating in any Bridgewater Recreation programs, however a registration form is required to guarantee a spot. This registration includes a book, reference manuals and certification card. If you are in need of certification and have a conflict with the above date contact the Rutgers Youth Sports Research Council at (732) 932-7178 for other clinics in the area or visit their website [www.youthsports.rutgers.edu](http://www.youthsports.rutgers.edu). Space is limited, registration is based on first come first serve at the Bridgewater Recreation Department, Bridgewater-Raritan resident coaches will be taken first before out of town coaches if course fills up.

## High School Open Gym Volleyball – new program!

Open gym gives Bridgewater-Raritan residents currently attending High School the opportunity to get out of the house and have some fun and exercise on a weeknight! This program is structured for the athlete that does not participate on any high school volleyball teams. This program will take place at Hillside on Monday and Tuesday nights from October through early December. Girls will play on Monday nights, grades 9 & 10 from 6:45 to 8:00pm and grades 11 & 12 from 8:00 to 9:15pm. Boys will play on Tuesday nights, grades 9 & 10 from 6:45 to 8:00pm and grades 11 & 12 from 8:00 to 9:15pm. Make up dates scheduled for Monday, December 13, 2004 and Tuesday, December 21, 2004. Cost: \$40.00. Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

## Bujinkan Bud Taijutsu – Samurai and Ninja Martial Arts

Learn the ancient art of the Samurai and the Ninja. This new class being offered by RKA Family Karate is designed to teach armed and unarmed self-defense. You will learn to use your entire body to amplify the simple movements for better speed and power. Classes are for adults and are offered on Tuesday & Thursday from 9:15 – 10:15 pm. This 8-week program costs only \$100 for 2/week. Checks made payable to “RKA Karate”. **Session 1:** September 27 – November 19, 2004. **Session 2:** November 19 – January 14, 2005. **Session 3:** January 17 – March 12, 2004. All classes are held at RKA Karate, 8 Roosevelt Place - Somerville. For more information about RKA Family Karate visit [www.somervillekarate.com](http://www.somervillekarate.com). Registration through Bridgewater Recreation.



# Bridgewater Park Facilities

<b>Bridgewater Park Facilities</b>			
<b>Park</b>	<b>Location</b>	<b>Acres</b>	<b>Facilities</b>
Alfred S. Brown	Beach Avenue	10	A, B, D, E, G, I
Ardmaer	Old York Road	4.78	A, D, H
Bel Air	Marie Place	1.26	A, C, D
Cedarbrook	Cedarbrook Road	5.1	A, H, F
Chimney Rock	Chimney Rock Road	24	A, B, C, D, F, G, J
Crim Fields	Crim Road	25	E, F, I
Darby Tract	Van Holten Road	120	F
Gene G. King	Frohlín Drive	30	F
Glen Park	Glen Road	2.21	A, B, C
Green Knoll	Garretson Road ( <i>Municipal Bldg.</i> )	2	D, E, J
Harry Ally Memorial	Main Street to Grand Blvd.	12	A, B, C, D, E, G, I, J
KidStreet	Garretson Road ( <i>Municipal Bldg.</i> )	10.2	A, J
North Bridge Street	North Bridge Street	7.5	A, D, E, J
Peter Par	Peter Par Road	2.6	A
Prince Rodgers Complex	Prince Rodgers Road	10	A, D, F, I, J
Rolling Knolls	Rolling Knolls Way	1.7	A, D, E
Shady Lane	Shady Lane	1.2	A, C
Somerville Manor	Sussex Avenue	1.7	A, C, D
Thomae	Nagle Street	8	A, C, D

**A=** Playground Equipment  
**B=** Tennis Courts  
**C=** Basketball Courts  
**D=** Ball Fields  
**E=** Soccer Fields  
**F=** Nature Trails  
**G=** Roller Hockey Rink  
**H=** Pond  
**I=** Walking Path  
**J=** Permanent Bathrooms

The Division of Parks anticipates an optimistic future in the development and acquisition of open space. The development of such facilities will assist in meeting the leisure time needs of the residents of Bridgewater. If you desire any additional information regarding the acquisition or development program or presently owned facilities, contact the Superintendent of Parks at (908) 725-6300 ext. 251.

**Tennis Court Facilities** are based on first come first serve and no reservations are needed. Proper court etiquette is required...one hour notice at time of arrival if the court is in use. Bridgewater Recreation reserves the right to utilize courts for programs run through the Department.

## BRIDGEWATER TOWNSHIP RECREATION

The Township of Bridgewater  
 P.O. Box 6300/700 Garretson Road  
 Bridgewater, NJ 08807  
 Switchboard: (908) 725-6300 *TTD available*  
 Recreation: (908) 725-6373  
 9am to 5pm Monday to Friday  
 Inclement Weather Message: (908) 526-7107  
[www.bridgewaternj.gov](http://www.bridgewaternj.gov)

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